

Best Practices of Nowgong College (Autonomous) Session: 2023-2024

Practice 1:

Title of the Practice: **Mission VRKSH (Vital Reforestation and Keen Sustainability Hub) (Plantation of Medicinal & fruit bearing plant)**

Objective: To promote the planting of medicinal and fruit-bearing plants in adopted village and neighbouring villages and public places, educating and engaging the community, especially the youth, in understanding the importance of these plants and their natural surroundings.

Context: Medicinal and fruit bearing plants are integral parts of the biodiversity. While medicinal plants are essential to practice and revive ethno-medicinal practices, fruit bearing plants supports avian and small animal biodiversity and provide nutrition to human. In this context an effort has been made to invigorate the medicinal and fruit bearing plant diversity.

Evidence of success: The College in collaboration with the NSS unit has plant more than 500 nos. of medicinal and fruit bearing plants in and around adopted villages of the college. Spanning from 2021 to 2026, this ambitious project aims to plant 5,000 such plants, emphasizing their crucial role in supporting local biodiversity and ecosystem services. The project goes beyond planting; it involves educating and engaging the community, especially the youth, in understanding the importance of these plants. Through workshops and hands-on activities, the NSS unit fosters a deep connection between the villagers and their natural surroundings, encouraging long-term stewardship.

Problems Encountered: Strategic site and plant species selection.



Practice: 2

Title of the Practice: "TeamLife"

Objective: To ensure supply of blood in critical time.

Context: To foster a culture of altruism and preparedness, the NSS unit forms a group of volunteers for donating blood in emergency.

Evidence of success: The NSS unit of Nowgong College plays a crucial role in promoting blood donation through regular camps and the establishment of "**TeamLife**," an emergency blood donor group. This initiative ensures a reliable supply of blood for emergencies, a group of dedicated volunteers ready to donate every month. Their efforts not only support the college community but also contribute significantly to addressing critical health needs beyond campus borders. During the session 15 units of blood has been donated by the "TeamLife".

Problems encountered: Lack of awareness among common people about "TeamLife"



Practice: 3.

Title of the Practice: *Sarothi – The Time Bank*

Objective: To provide mental support to isolated and abandoned elderly members of the society through spending time with them.

Context: This initiative is launched with an aim to foster community care and volunteerism by supporting isolated elderly individuals while aligning with NEP 2020's focus on social responsibility. To encourage inclusivity and compassion within the college community and to provide students with opportunities for community engagement and credit.

Evidence of success: "*Sarothi – The Time Bank*" with a noble purpose- to support isolated and abandoned elderly individuals of the society was launched by the NSS unit in collaboration with IQAC and Students' Union of the college. Through this activity till now more than 10 nos. of senior citizen of the college fraternity has obtained its services. The Senior Citizen Association of Nagaon district is happy to be associated with this initiative. Based on the idea and objectives of "*Sarothi – The Time Bank*",

The Directorate of Sports, Govt. of Assam under the State NSS Cell established a forum for elderly people of Assam to be implemented in various NSS Units/Cells across Assam. The local MLA Sjt. Rupak Sarma, highly praised the initiative and he donated a portal oxygen concentrator to Sarothi and assured to provide an ambulance in future reinforcing its role in fostering compassion and support within the college fraternity and beyond.

Problems Encountered: Lack of awareness of the noble venture.

